

USAT/WTC Helmet Rule

Only helmets approved by the US Consumer Product Safety Commission (CPSC) may be used in USAT-sanctioned races, including Ironman 70.3 events.

If your helmet is not approved and does not carry the CPSC sticker, you will not be allowed to start (or will be DQ'd after the race if not noticed before the start of the race).

Many helmets bought abroad or via the internet do NOT comply with CPSC standards.

Remember:

No sticker—no approval—no race.

All athletes are responsible for their helmets' compliance with this rule.